


Hygienic & clean...

Cleaning instructions for nora[®]-materials

pedag SENSITIVE, Art. 158

pedag ORTHO SYSTEMS DIABETICS LOW & MID, Art. 2387 and 2395



A regular, hygienically perfect care consists of **pre-cleaning** of the inserts and subsequent **disinfection**, observing the following notes: Exact dosing of the application concentration, compliance with the reaction time and reaction temperature as well as observance of the hygiene hints and care instructions.

Pre-treatment

Having removed the inserts from the shoes, a pre-treatment with water and soap sud is recommended to remove coarse debris (skin scales, ichors etc.). Following the pre-treatment, the inserts should be dried with paper towels*.

*Paper towels for single use in addition guarantee sterility and cleanliness

Preparation

Subsequently, the inserts are disinfected using a commercially available disinfectant. To prepare an application concentration, pour 1 part of concentrate and 9 parts of fresh cool tap water into a spray bottle*. Shake slightly – the parts of water and concentrate are then mixed into a disinfectant solution – formation of foam should be avoided.

*100ml of disinfection solution equals: 10ml of concentrate and 90ml of water

Disinfection

Now thoroughly spray onto all parts of the inserts – from a distance of approx. 20cm. Leave the disinfection solution react for at least one hour at room temperature – if possible over night – to kill all bacteria and germs.

Recommended frequency: daily / after each wearing

Hygiene tips

In order to guarantee the effectiveness of the disinfection of inserts, the following hints are to be observed:

- Daily exchange of stockings is strongly recommended
- Stockings should be washed with boil wash programme, however, at least at 60°C in the washing machine, adding standard detergent.

Care instructions

Please note the following care instructions for application:

1. Disinfectants may on no account be mixed with other agents or cleaners because this might invalidate the effectiveness.
2. Disinfectants may not be applied to wet surfaces to exclude an uncontrolled dilution with resulting reduction of the effectiveness.
3. The mixing ratio of the application concentration is to be absolutely adhered to. Increased concentrations may damage the material, insufficient dosing compromises the disinfection success.
4. Never use disinfectants close to naked flames (flammable) and protect against excessive heat.
5. Frequent, direct skin contact with liquid disinfectant concentrate is to be avoided.

The care instructions were prepared in cooperation with PFI, Pirmasens.